

# TRAININGSPLAN FELD 2025

Montag					Dienstag				Mittwoch						Donnerstag						Freitag										
Kura 1 (1/2)	Kura1 (1/2)	Kura 2	Athletik		KuRa 1	KuRa2	Athletik		Athletik		im TSV		Kura1 (1/2)	Kura1 (1/2)	Kura 2	Athletik		Athletik		im TSV		Kura 1	Kura 2 (1/2)	Kura 2 (1/2)	Athletik		Athletik				
15.00 -15.15																															15.00 -15.15
15.15 -15.30																															15.15 -15.30
15.30 -15.45																															15.30 -15.45
15.45 -16.00																															15.45 -16.00
16.00 - 16.15																															16.00 - 16.15
16.15 - 16.30																															16.15 - 16.30
16.30 - 16.45																															16.30 - 16.45
16.45 - 17.00																															16.45 - 17.00
17.00 - 17.15																															17.00 - 17.15
17.15 - 17.30																															17.15 - 17.30
17.30 -17.45																															17.30 -17.45
17.45 -18.00																															17.45 -18.00
18.00 - 18.15																															18.00 - 18.15
18.15 - 18.30																															18.15 - 18.30
18.30 - 18.45																															18.30 - 18.45
18.45 - 19.00																															18.45 - 19.00
19.00 - 19.15																															19.00 - 19.15
19.15 - 19.30																															19.15 - 19.30
19.30 - 19.45																															19.30 - 19.45
19.45 - 20.00																															19.45 - 20.00
20.00 - 20.15																															20.00 - 20.15
20.15 - 20.30																															20.15 - 20.30
20.30 - 20.45																															20.30 - 20.45
20.45 - 21.00																															20.45 - 21.00
21.00 - 21.15																															21.00 - 21.15
21.15 - 21.30																															21.15 - 21.30
21.30 - 21.45																															21.30 - 21.45
21.45 - 22.00																															21.45 - 22.00